Making natural cosmetics - recipes for bath salts, body lotion & hand cream

Instructions No. 2495

Difficulty: Advanced

Working time: 30 Minutes

The **skin** is exposed to many stresses every day, be it cold, environmental pollution, but also stress and so on. The cosmetics industry has produced many creams, lotions and special products for this purpose. However, if you take a close look at the ingredients, you will find many unknown substances and synthetic additives.
So it makes sense to make your own cosmetics with **healthy ingredients**. In these instructions, we will show you how easy it is to make your own **natural cosmetics**.



Naturally made hand cream:

Do something good for your hands and create a nourishing **hand cream** yourself. This way you ensure that no harmful substances such as silicones, parabens, mineral oils etc. get on your skin. Especially **for dry and sensitive skin**, this hand cream is a nice product. Also great as a **gift**!

Ingredients:



10 g beeswax pastilles

70 g cocoa butter chips

50 ml coconut oil

20 ml jojoba oil

a few drops of rose oil (to taste)

a few drops of pink soap colour (to taste)

Place the **coconut oil** bottle in warm water so that the oil becomes liquid. Then measure out the oil in the **mixing cup**.

Weigh out the **beeswax pastilles** and the **cocoa butter chips**. First melt the pastilles in the **melting pot**. Then add the chips. Then add the **coconut oil**. Now also measure out the **jojoba oil** and add to the liquid. Stir everything well and transfer to another container. Then place in the fridge for a short time until the mixture thickens a little. Now add a few drops of **rose oil** and **soap colour** as desired. Then whip the cream with a hand mixer. This will make it nice and fluffy. Finally, pour the cream into the jar and seal it.

Make your own body lotion:

Making your own **body lotion** is very easy. We show you how to make a nourishing cream with **natural ingredients**. This way you know exactly what is in your cream and that it is free of mineral oils and microplastics. By using different **fragrance oils** and soap colours, you can vary the recipe for your **natural cosmetics** again and again. The finished cream makes a wonderful gift to your loved ones.



Ingredients:

100 g cocoa butter chips

100 ml coconut oil

10 ml almond oil

a few drops of perfume oil "Wild Rose" (to taste)

a few drops of pink soap colour (to taste)

Place the **coconut oil** bottle in warm water so that the oil becomes liquid. Then measure out the oil in the mixing cup.

Weigh out the **cocoa butter chips** and melt them in the **melting pot**. Then add the coconut oil. Now also measure out the almond oil and add to the liquid. Stir everything well and transfer to another container. Then place in the fridge until the mixture becomes milky and thickens a little. Stir from time to time. When the mixture has the consistency of a thick custard, add a few drops of perfume oil and soap colour to taste. Then whip the cream with a hand mixer to make it fluffy. Finally, pour the cream into the preserving jar and seal.

Info: If the mixture does not thicken, you can add a little more cocoa butter chips.

DIY Bath Salts

Why not make your own **bath salts**? That way you know exactly which ingredients are included and have a great personal gift for your loved ones. This is a great way to give a little **wellness feeling**! This beautifully scented bath salt is also just the thing to do something good for yourself, to block out everyday life and enjoy a few moments for yourself.

First, place the bottle of **coconut oil** in warm water to make the mixture liquid. Fill the **canning jar** with the **bath salt** to determine the amount needed. Transfer to another container and add one tablespoon of coconut oil. Add **soap colour** and orange **essential oil** to taste. Mix well and pour into the jar.



Finally, you can decorate the **jars** with a **label**. To do this, insert the white on black **writing ribbon** and download the app on the mobile phone. The text is written in the app and printed via Bluetooth. The writing tape is self-adhesive. Writable stickers are also possible, as well as beautiful motif stickers, **sprinkles** and much more.



New instructions

Straight to your inbox every week

register now >

Article information:

Article number	Article name	Qty
18213	Coconut oil, refined100 ml	1
11745	100% pure white beeswax pastilles200 g	1
506557-03	Soap colour, 10mlPink	1
18212	Jojoba oil, cold pressed250 ml	1
18221	Perfume oilWild rose	1
686341	VBS Preserving jar "Vidro"	1
13611	Brother P-touch CUBE Plus	1
13613	Brother P-touch writing tape, 12 mmWhite on black	1
491402	Universal melting pot	1
18228	Glass mixing cup with scale100 ml	1
18231	Glass stirring rod	1
18209	Almond oil, refined100 ml	1
18221	Perfume oilWild rose	1
50571001	French Bath salts	1
506557-02	Soap colour, 10mlOrange	1
18216	Essential oil, naturalOrange	1